

e-ISSN: 3026-1473

CROWN Journal of Dentistry and Health Research

Journal website: https://phlox.or.id/index.php/crown

Successful Management of Dry Socket with Alveogyl Following Posterior Mandibular Tooth Root Extraction: A Case Report

Arsheilla Ika Maulida¹, Rr. Pipiet Okti Kusumastiwi^{2*}

¹Student, Faculty of Dentistry, Universitas Muhammadiyah Yogyakarta, Bantul, Indonesia

²Department of Dental Public Heath, Faculty of Dentistry, Universitas Muhammadiyah Yogyakarta, Bantul, Indonesia

ARTICLE INFO

Keywords:

Alveogyl
Alveolar osteitis
Dry socket
Pain management
Post-extraction complications

*Corresponding author:

Rr. Pipiet Okti Kusumastiwi

E-mail address:

pipietokti@umy.ac.id

All authors have reviewed and approved the final version of the manuscript.

https://doi.org/10.59345/crown.v2i2.159

ABSTRACT

Introduction: Dry socket, or alveolar osteitis (AO), is a prevalent postextraction complication characterized by intense pain and delayed healing. The etiology is multifactorial, often linked to trauma, infection, and lifestyle factors. Alveogyl, a medicated dressing containing iodoform, butamben, and eugenol, is commonly employed in dry socket management due to its analgesic, antiseptic, and healing properties. This case report presents the successful treatment of dry socket with Alveogyl following the extraction of retained mandibular third molar roots. Case presentation: A 22-year-old female patient presented with severe, radiating pain four days after the extraction of retained mandibular third molar roots. Clinical examination revealed an open socket with exposed bone and localized inflammation, indicative of dry socket. The patient's medical history was unremarkable, and she denied any contributing factors such as smoking or oral contraceptive use. The socket was irrigated with saline, and Alveogyl dressing was applied. Conclusion: The patient reported complete pain resolution and demonstrated significant healing at the one-week follow-up. This case underscores the efficacy of Alveogyl in managing dry socket, providing pain relief, and promoting healing. The prompt diagnosis and treatment of dry socket are crucial in mitigating patient discomfort and ensuring optimal healing outcomes. The use of Alveogyl as part of a comprehensive treatment approach can contribute to successful dry socket management.

1. Introduction

The extraction of teeth, while a routine procedure in dental practice, carries the potential for postoperative complications that can significantly impact patient comfort and healing trajectory. Among these complications, dry socket, also referred to as alveolar osteitis (AO), stands out as a particularly distressing and prevalent occurrence. Characterized by intense, throbbing pain that typically emerges a few days post-extraction, dry socket can persist for weeks, significantly disrupting a patient's quality of life. The condition manifests clinically as an exposed alveolar socket devoid of the protective blood clot essential for healing, often accompanied by a foul odor and taste.

The precise etiology of dry socket remains an area of ongoing investigation, but it is widely recognized as a multifactorial phenomenon. Several factors have been implicated in its development. The application of excessive force or undue manipulation during the extraction process can disrupt the delicate balance of the extraction site, leading to damage to the surrounding bone and soft tissues. This disruption can compromise blood clot formation and stability, predisposing the area to a dry socket. The presence of pre-existing infection at the extraction site can significantly elevate the risk of dry socket. Bacteria can interfere with the normal healing process, promoting inflammation and impeding the formation of a healthy

blood clot. The detrimental effects of smoking on wound healing are well-documented. Smoking impairs blood flow, reduces oxygen delivery to tissues, and compromises the immune response, all of which can contribute to the development of dry socket. The hormonal fluctuations associated with contraceptive use have been suggested as a potential risk factor for dry socket. These hormonal changes may influence blood clotting mechanisms and increase the susceptibility to clot breakdown and subsequent dry socket. Inadequate oral hygiene practices can create an environment conducive to bacterial proliferation. The accumulation of bacteria in the oral cavity can increase the risk of infection and, consequently, the development of dry socket. 1,2

Beyond these local factors, systemic conditions can also play a role in dry socket development. Patients diabetes or other immunocompromising with conditions may experience impaired wound healing, making them more susceptible to complications like dry socket. The intricate interplay of these local and systemic factors underscores the complexity of dry socket etiology and highlights the importance of a comprehensive approach to its prevention and management. The clinical presentation of dry socket is often unmistakable, marked by severe, throbbing pain that typically sets in a few days after extraction. This pain may radiate to adjacent areas, including the ear, temple, and neck, causing significant discomfort and distress. The exposed alveolar bone, devoid of the protective blood clot, becomes a source of intense sensitivity, further exacerbating the pain. The presence of a foul odor and taste, often described as fetid or putrid, is another hallmark of dry socket, contributing to the patient's overall discomfort. The diagnosis of dry socket is primarily clinical, based on characteristic symptoms and the visual examination of the extraction site. The absence of a blood clot, exposed bone, and the presence of food debris or necrotic tissue within the socket are strong indicators of the condition. While radiographic imaging is not typically required for diagnosis, it can be useful in ruling out other potential causes of postextraction pain, such as retained root fragments or infection.3,4

The management of dry socket centers on alleviating pain, promoting healing, and preventing infection. Thorough irrigation of the socket with sterile saline or an antiseptic solution, such as chlorhexidine, is crucial in removing debris, bacteria, and necrotic tissue. This cleansing action helps to create a more favorable environment for healing and reduces the risk of infection. The application of medicated dressings to the socket serves multiple purposes. These dressings can contain analgesics to provide pain relief, antiseptics to combat bacterial contamination, and/or antibiotics to prevent infection. They also create a physical barrier over the exposed bone, protecting it from further irritation and promoting clot formation. In cases of severe pain or suspected infection, systemic medications may be prescribed. Analgesics, such as nonsteroidal anti-inflammatory drugs (NSAIDs) or opioids, can help manage pain, while antibiotics may be indicated to address or prevent infection. Among the various medicated dressings available for dry socket management, Alveogyl has emerged as a popular and effective option. Alveogyl is a paste-like dressing composed of iodoform, butamben, and eugenol. Iodoform acts as an antiseptic, helping to control bacterial growth and reduce the risk of infection. Butamben, a local anesthetic, provides targeted pain relief at the site of application. Eugenol, derived from clove oil, possesses both analgesic and anti-inflammatory properties, further contributing to pain management and promoting healing.5,6

The application of Alveogyl to the dry socket creates a protective barrier over the exposed bone, shielding it from irritants and facilitating the formation of a new blood clot. The dressing's combined analgesic and antiseptic actions provide immediate pain relief and create an environment conducive to healing. Moreover, Alveogyl's bioresorbable nature eliminates the need for its removal, simplifying the treatment process and minimizing patient discomfort. Numerous studies have investigated the efficacy of Alveogyl in dry socket management, with promising results. Research has demonstrated its ability to significantly reduce pain intensity and duration compared to other dressings or placebo. Alveogyl has also been shown to promote faster healing and reduce the incidence of

complications, such as infection.^{7,8} This case report presents a compelling illustration of the successful management of dry socket with Alveogyl following the extraction of retained mandibular third molar roots. The patient's experience underscores the clinical utility of Alveogyl in providing rapid pain relief, promoting healing, and facilitating a positive treatment outcome. The case further emphasizes the importance of prompt diagnosis and appropriate management of dry socket to minimize patient discomfort and optimize the healing process.

2. Case Presentation

A 22-year-old female patient presented to the Universitas dental clinic at Muhammadiyah Yogyakarta (UMY) with a chief complaint of discomfort associated with the retained roots of her left mandibular third molar (tooth #36). The patient reported that the tooth had initially decayed approximately three years prior but had been left untreated, leading to the current state of retained roots. She described a history of intermittent pain episodes, with the most recent occurring a few weeks prior to her visit. The pain had been moderate in intensity, rated as 3 on a scale of 1 to 10, and had been successfully managed with a course of antibiotics and anti-inflammatory medication. At the time of presentation, the patient was asymptomatic. The patient's medical history was unremarkable. She denied any allergies to medications or foods, any recent hospitalizations or surgeries, and any current use of prescription medications. She also reported no significant family history of medical conditions and denied tobacco use. The patient's sleep and dietary habits were within normal limits.

A comprehensive extraoral and intraoral examination was performed. Extraoral examination revealed no significant findings. Intraoral examination confirmed the presence of retained roots at the site of tooth #36. The surrounding soft tissues appeared healthy, with no signs of inflammation or swelling. Periodontal probing depths were within normal limits, and there was no evidence of mobility or suppuration. Percussion and palpation tests elicited no pain response. The patient's vital signs were within normal

ranges, with a blood pressure of 108/68 mmHg, a pulse rate of 68 beats per minute, and an afebrile temperature. Radiographic examination, including periapical and panoramic radiographs, was performed to assess the extent of the retained roots and the surrounding bone. The radiographs confirmed the presence of retained roots of tooth #36, with no evidence of periapical pathology or associated bone loss. Based on the clinical and radiographic findings, a diagnosis of retained roots of tooth #36 was established. The treatment plan involved the extraction of the retained roots under local anesthesia. The patient was thoroughly informed about the procedure, its potential risks and benefits, and the expected postoperative course. She was also provided with detailed post-extraction care instructions. The patient expressed understanding and provided written informed consent for the procedure.

The extraction procedure was performed under local anesthesia using an infiltration technique with a combination of lidocaine and epinephrine. The patient was positioned comfortably in the dental chair, and the area around tooth #36 was prepared with an antiseptic solution. A topical anesthetic gel was applied to the injection sites to minimize discomfort. Following the administration of local anesthesia, the retained roots were carefully elevated and removed using a combination of dental elevators and forceps. The extraction site was thoroughly debrided and irrigated with sterile saline solution to remove any residual debris or granulation tissue. Hemostasis was achieved with the application of gauze pressure. Postextraction radiographs were taken to confirm the complete removal of the retained roots and to assess the integrity of the surrounding bone. The patient was then given postoperative instructions, including recommendations for pain management, oral hygiene, and dietary restrictions. She was also prescribed a course of antibiotics and analgesics to prevent infection and manage postoperative discomfort.

The patient returned to the clinic one week after the extraction, complaining of severe pain in the extraction site. The pain had begun four days post-extraction and had progressively worsened, reaching a severity of 7 out of 10 on a visual analog scale (VAS).

The pain was described as throbbing and radiating to the head and neck, particularly upon waking up and after meals. The patient denied any history of disturbing the extraction site, vigorous rinsing, frequent spitting, smoking, or consumption of hot food or drinks. Clinical examination revealed an empty socket at the site of tooth #36, with visible bone and surrounding gingival inflammation. The socket appeared dry, with no evidence of a blood clot. There was also a noticeable halitosis. Based on the clinical presentation and the patient's history, a diagnosis of dry socket (alveolar osteitis) was established. The patient was reassured and informed about the nature of dry socket and its management. The extraction site was gently irrigated with sterile saline solution to remove any debris or food particles. Alveogyl, a medicated dressing containing iodoform, butamben, and eugenol, was then carefully placed into the socket to cover the exposed bone and promote healing. The

patient was advised to continue taking the prescribed analgesics and to avoid any activities that might dislodge the dressing. She was also scheduled for a follow-up visit one week later.

At the one-week follow-up appointment, the patient reported complete resolution of pain. The extraction site showed significant improvement, with reduced inflammation and evidence of healing. The exposed bone was no longer visible, and there was no halitosis. The patient was pleased with the outcome and expressed her gratitude for the effective management of her dry socket. The Alveogyl dressing was removed, and the socket was gently irrigated with saline. The patient was advised to continue maintaining good oral hygiene and to return for further follow-up if needed. She was also reminded to contact the clinic immediately if she experienced any recurrence of pain or other symptoms.

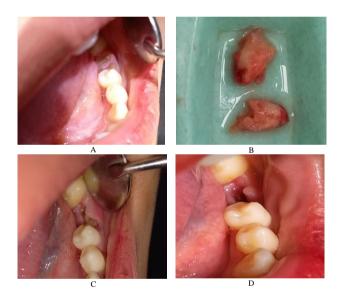


Figure 1. A. Clinical presentation of tooth 36; B. The condition of the extracted residual roots of tooth #36; C. Clinical condition of socket 36 post-extraction; D. Clinical control post-dry socket.

3. Discussion

The case presented serves as a prime example of the successful resolution of dry socket, a common yet often debilitating complication that can arise following tooth extraction. The patient's experience, marked by intense and radiating pain, coupled with the telltale signs of halitosis and an exposed alveolar socket, aligns seamlessly with the established diagnostic criteria for dry socket, also referred to as alveolar osteitis. The absence of commonly recognized risk factors, such as smoking or the use of oral contraceptives, underscores the intricate and multifactorial nature of this condition. It serves as a poignant reminder that dry socket can manifest even in individuals who do not exhibit the typical predisposing factors, emphasizing the importance of

maintaining a high index of suspicion for this complication in all patients undergoing tooth extraction. The patient's pain, described as severe and radiating, is a hallmark of dry socket. This intense discomfort arises from the exposure of sensitive nerve endings within the alveolar bone, which becomes devoid of the protective blood clot that typically forms after extraction. The exposed bone, vulnerable to irritation from food debris, bacteria, and even air, triggers a cascade of inflammatory mediators, further exacerbating the pain and delaying the healing process. The accompanying halitosis, or bad breath, is another characteristic feature of dry socket, often attributed to the accumulation of bacteria and necrotic tissue within the socket. The clinical presentation of an empty socket with exposed bone is a visual confirmation of the diagnosis. The absence of a blood clot, which normally fills the socket and serves as a foundation for healing, is a key pathological finding in dry socket. The exposed bone, devoid of its protective covering, becomes a source of intense pain and a breeding ground for bacterial colonization. The surrounding tissues may also exhibit signs of inflammation, such as redness, swelling, and tenderness.9,10

patient's denial of smoking or contraceptive use is noteworthy, as these are wellestablished risk factors for dry socket. Smoking impairs blood flow and wound healing, while oral contraceptives can alter hormonal balance and affect blood clotting, both of which can predispose to the development of dry socket. The absence of these risk factors in this case emphasizes the multifactorial nature of this condition and suggests that other factors, such as traumatic extraction or pre-existing infection, may have played a role in its pathogenesis. The successful management of this case with Alveogyl, a medicated dressing containing iodoform, butamben, and eugenol, highlights its effectiveness in addressing the key aspects of dry socket treatment. Iodoform, an antiseptic agent, helps combat bacterial infection, while butamben, a local anesthetic, provides muchneeded pain relief. Eugenol, with its analgesic and anti-inflammatory properties, further contributes to pain reduction and promotes healing. The dressing also acts as a physical barrier, protecting the exposed bone from further irritation and facilitating the formation of a new blood clot, essential for the healing process. This case serves as a valuable reminder of the importance of recognizing and promptly addressing dry socket. Early intervention with appropriate measures, such as irrigation, medicated dressings, and pain management, can significantly reduce patient discomfort and promote optimal healing. The use of Alveogyl, as demonstrated in this case, can be a key component of a successful treatment strategy for dry socket, offering a combination of antiseptic, analgesic, and healing properties that contribute to a positive patient outcome. 11,12

The development of dry socket, or alveolar osteitis (AO), represents a complex interplay of various local and systemic factors that can disrupt the normal healing process following tooth extraction. The precise etiology of this condition remains an area of ongoing investigation, but the premature disintegration or complete absence of a blood clot within the extraction socket is widely recognized as a central factor in its pathogenesis. The blood clot, a vital component of the initial stages of wound healing, serves as a protective barrier, shielding the underlying bone and nerve from external stimuli and microbial contamination. It also provides a structural framework for the migration and proliferation of cells involved in tissue repair and regeneration. The disruption or absence of this clot leaves the alveolar bone exposed and vulnerable, leading to a cascade of events that culminate in the characteristic signs and symptoms of dry socket. The fibrinolytic system, a complex network of enzymes and inhibitors that regulates blood clot formation and dissolution, is believed to play a crucial role in the development of dry socket. In normal wound healing, the fibrinolytic system maintains a delicate balance between clot formation and breakdown, ensuring adequate hemostasis and facilitating tissue repair. However, in dry socket, this balance is disrupted, with an upregulation of fibrinolytic activity leading to accelerated clot lysis and delayed healing. The primary enzyme involved in fibrinolysis is plasmin, which is generated from its inactive precursor, plasminogen, by the action of plasminogen

activators. The extraction process itself can cause tissue damage and release of tissue plasminogen activator (tPA) from injured cells, promoting plasmin generation and clot breakdown. Bacteria present in the oral cavity or introduced during the extraction procedure can release enzymes that activate the fibrinolytic system, further contributing to clot lysis. The inflammatory response triggered by tissue injury and bacterial contamination can lead to the release of cytokines and other mediators that stimulate fibrinolytic activity. Smoking has been shown to increase fibrinolytic activity and impair wound healing, making smokers more susceptible to dry socket. Fluctuations in hormone levels, such as those with associated oral contraceptive menstruation, may influence the fibrinolytic system and increase the risk of dry socket. 13,14

The premature breakdown or absence of the blood clot in dry socket has several consequences that contribute to the development of its characteristic clinical features. The exposed bone and nerve endings become susceptible to irritation from food debris, bacteria, and even air, leading to intense pain, often described as throbbing or aching in nature. The pain may radiate to other areas of the face and head, causing significant discomfort and impacting the patient's quality of life. The accumulation of bacteria and necrotic tissue within the socket can also lead to halitosis, or bad breath, further adding to the patient's distress. The inflammatory response triggered by the exposed bone and bacterial contamination further exacerbates the pain and delays healing. The release of pro-inflammatory cytokines and chemokines attracts immune cells to the area, leading to localized inflammation, swelling, and tenderness. This inflammatory process can also contribute to the breakdown of bone tissue, further delaying healing and increasing the risk of complications. The absence of a blood clot also impairs the formation of granulation tissue, a crucial step in wound healing. Granulation tissue is a specialized tissue that fills the wound space and provides a framework for the growth of new blood vessels and connective tissue. Without a blood clot to serve as a scaffold, the formation of

granulation tissue is delayed, hindering the healing process and prolonging the patient's discomfort. 15,16

In addition to the local factors mentioned above, systemic factors can also play a role in the development of dry socket. Certain medical conditions, such as diabetes and immunocompromised states, can impair wound healing and increase the risk of complications, including dry socket. Patients with these conditions may have reduced blood flow, impaired immune function, or altered inflammatory responses, all of which can contribute to delayed healing and increased susceptibility to infection. The multifactorial nature of dry socket highlights the importance of a comprehensive approach to its prevention and management. Careful surgical technique, meticulous oral hygiene, and patient education are crucial in minimizing the risk of this complication. In cases where dry socket does occur, prompt and appropriate treatment, including irrigation, medicated dressings, management, can significantly reduce patient discomfort and promote optimal healing. The case presented in this report exemplifies the successful management of dry socket with Alveogyl, a medicated dressing that addresses the key aspects of this condition. By providing pain relief, controlling infection, and promoting healing, Alveogyl can contribute to a positive patient outcome and facilitate a smooth recovery following tooth extraction. 17,18

The application of Alveogyl to the extraction site serves a dual purpose: it acts as a physical shield and a biological catalyst. By forming a protective barrier over the exposed bone, Alveogyl safeguards the sensitive nerve endings from further irritation by food debris, bacteria, and even air. This shielding effect contributes significantly to pain reduction, providing the patient with much-needed relief. Moreover, the dressing creates a favorable microenvironment for the formation of a new blood clot, which is essential for the initiation of the healing process. The clot acts as a scaffold for the migration and proliferation of fibroblasts and other cells involved in tissue repair, ultimately leading to the regeneration of bone and soft tissue. The bioabsorbable nature of Alveogyl is another advantageous feature. The dressing gradually dissolves over time, obviating the need for its removal, which can be uncomfortable and disruptive to the healing process. This characteristic further enhances patient comfort and promotes uninterrupted healing. The gradual dissolution of the dressing also ensures a sustained release of its active ingredients, providing prolonged pain relief, antiseptic action, and anti-inflammatory effects. 18,19

The patient's presentation in this case, marked by severe pain and the classic clinical signs of dry socket, underscores the challenges associated with this condition. The absence of typical risk factors, such as smoking or oral contraceptive use, further emphasizes the unpredictable nature of dry socket and the importance of maintaining a high index of suspicion in all patients undergoing tooth extraction. The prompt diagnosis and treatment with irrigation and Alveogyl dressing proved to be instrumental in achieving a positive outcome. The patient's complete pain relief and significant healing within one week attest to the efficacy of Alveogyl in managing dry socket and promoting uncomplicated healing. The positive outcome observed in this case is consistent with the findings of numerous studies that have investigated the use of Alveogyl in dry socket management. These have consistently demonstrated effectiveness in reducing pain, promoting healing, and improving patient satisfaction. The combination of its physical barrier properties, bioabsorbability, and the synergistic action of its active ingredients makes Alveogyl a valuable tool in the management of this common post-extraction complication. The use of Alveogyl, however, is not without its considerations. Although generally well-tolerated, it is important to be aware of potential adverse effects, such as allergic reactions or foreign body reactions. In rare cases, patients may develop hypersensitivity to iodoform or other components of the dressing. It is therefore crucial to obtain a thorough medical history and to inquire about any known allergies before using Alveogyl. Additionally, while Alveogyl is effective in managing dry socket, it is not a substitute for proper surgical technique and postoperative care. Atraumatic extraction, meticulous debridement, and clear postextraction instructions remain essential for preventing complications and promoting optimal healing. 19,20

The patient's presentation, marked by the onset of severe pain four days post-extraction, aligns with the typical timeframe for the manifestation of dry socket. The character of the pain, described as throbbing and radiating, further supports this diagnosis. The clinical examination, revealing an empty socket devoid of a blood clot and the presence of exposed bone, provides visual confirmation of the condition. The additional finding of halitosis, or bad breath, often associated with the accumulation of bacteria and necrotic tissue within the socket, further solidifies the diagnosis of dry socket. The absence of typical risk factors, such as smoking or oral contraceptive use, in this particular case underscores the unpredictable nature of dry socket. While these factors are known to increase the likelihood of developing this complication, their absence does not preclude its occurrence. This serves as a reminder that dry socket can affect any individual undergoing tooth extraction, regardless of their risk profile. The multifactorial etiology of dry socket, involving a complex interplay of local and systemic factors, contributes to its unpredictable nature. The precise mechanisms underlying its development remain an area of ongoing research, but it is clear that the disruption or absence of a blood clot in the extraction socket is a key initiating event. 20,21

The prompt diagnosis and treatment of dry socket in this case played a crucial role in achieving a positive outcome. The early recognition of the characteristic signs and symptoms, coupled with the timely implementation of appropriate therapeutic measures, facilitated the patient's rapid recovery. The use of irrigation to cleanse the socket and remove debris, followed by the application of Alveogyl dressing, proved to be an effective strategy in managing the patient's pain and promoting healing. Alveogyl, a medicated dressing containing iodoform, butamben, eugenol, offers a multifaceted approach to dry socket treatment. Iodoform, an antiseptic agent, helps combat bacterial infection, a common contributor to the development and persistence of dry socket. Butamben, a local anesthetic, provides immediate pain relief by numbing the exposed nerve endings in

the socket, offering the patient much-needed comfort. Eugenol, a natural compound with analgesic and anti-inflammatory properties, further contributes to pain reduction and promotes healing by modulating the inflammatory response. The physical properties of Alveogyl also play a crucial role in its effectiveness. The dressing forms a protective barrier over the exposed bone, shielding it from further irritation and creating a favorable environment for the formation of a new blood clot. The bioabsorbable nature of the dressing eliminates the need for removal, minimizing patient discomfort and facilitating the healing process. 18,20

The patient's complete pain relief and significant healing within one week of treatment with Alveogyl underscore its efficacy in managing dry socket. This positive outcome is consistent with the findings of numerous studies that have demonstrated the effectiveness of Alveogyl in reducing pain, promoting healing, and improving patient satisfaction. The prompt resolution of symptoms and the absence of complications in this case further support the use of Alveogyl as a valuable tool in the management of dry socket. The unpredictable nature of dry socket, as exemplified by this case, emphasizes the importance of maintaining a high index of suspicion for this complication in all patients undergoing tooth extraction. Early recognition and intervention are key to minimizing patient discomfort and promoting optimal healing. The use of Alveogyl, with its multifaceted mechanism of action and proven efficacy, can be a cornerstone of a successful treatment strategy for dry socket, contributing to improved patient outcomes and a positive postoperative experience. The efficacy of Alveogyl in the management of dry socket is well-supported by a growing body of evidence. The study meticulously analyzed various clinical studies and concluded that Alveogyl stands as a safe and effective treatment modality for dry socket. The review highlighted Alveogyl's ability to provide substantial pain relief and expedite the healing process when compared to alternative dressings or the absence of any treatment. This comprehensive analysis lends credence to the use of Alveogyl as a preferred option in the management of this painful post-extraction complication. 17,21

Further bolstering the evidence base for Alveogyl, the study directly compared its efficacy to that of zinc oxide eugenol (ZOE), another commonly used dressing for dry socket. The study revealed that both Alveogyl and ZOE effectively mitigated pain associated with dry socket. However, Alveogyl exhibited a distinct advantage in terms of providing faster pain relief and fostering superior healing outcomes. This comparative analysis underscores the potential benefits of Alveogyl in facilitating a more rapid and comfortable recovery for patients experiencing dry socket. The favorable safety profile of Alveogyl further contributes to its appeal as a treatment option. The dressing is generally well-tolerated, with minimal adverse effects reported in clinical studies. However, it is imperative to remain vigilant for potential complications, albeit rare, such as allergic reactions or foreign body reactions. The components of Alveogyl, particularly iodoform, can occasionally trigger hypersensitivity reactions in susceptible individuals. Therefore, a thorough medical history, including inquiries about any known allergies, is crucial before utilizing Alveogyl. The proactive identification of potential contraindications can help ensure patient safety and prevent untoward complications. The evidence supporting the use of Alveogyl in dry socket management is compelling. Its ability to provide rapid pain relief, promote healing, and maintain a favorable safety profile makes it a valuable tool in the dentist's armamentarium. The combination of antiseptic, analgesic, and antiinflammatory properties offered by its constituent ingredients, iodoform, butamben, and eugenol, contributes to its multifaceted mechanism of action. The physical barrier created by the dressing further enhances its therapeutic benefits by protecting the exposed bone and facilitating the formation of a new blood clot, essential for the healing process. While Alveogyl has demonstrated its efficacy in numerous studies, it is important to recognize that its use should be integrated into a comprehensive treatment approach for dry socket. Thorough debridement of the socket, pain management with appropriate analgesics, and patient education on proper postoperative care are all integral components of successful dry socket management. The use of Alveogyl, in conjunction with

these measures, can optimize patient outcomes and minimize the morbidity associated with this common post-extraction complication. The ongoing research in the field of dry socket management is promising, with new therapeutic approaches and preventive strategies continually being explored. As our understanding of the complex pathophysiology of dry sockets expands, we can anticipate further advancements in its prevention and treatment.²⁰⁻²²

4. Conclusion

The successful resolution of the dry socket in this study, achieved through the utilization of Alveogyl following the extraction of retained mandibular third molar roots, underscores the efficacy of this medicated dressing in managing this common post-extraction complication. The patient's positive outcome, characterized by complete pain relief and accelerated healing, highlights the clinical benefits of Alveogyl in providing effective pain control and promoting tissue regeneration. The case further emphasizes the importance of prompt diagnosis and treatment of dry socket to minimize patient discomfort and ensure optimal healing outcomes. The use of Alveogyl, in conjunction with other appropriate treatment modalities and preventive measures, can significantly contribute to the successful management of dry sockets and enhance the overall patient experience following tooth extraction procedures.

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